

# Household (ménage) Food Waste(gaspillage) Questionnaire (collecting data of one week)

**\* 1. What age bracket are you in**

- 18-34
- 35-64
- Over 65

**\* 3. What does your household consist of:**

- One person household
- Two people household with no children
- Two adults plus children
- One adult plus children
- Other combination

**\* 4. How often would you buy fruit, vegetables and other products for consumption in the home?**

- Every day
- Every second day
- Once a week
- Other

**\* 5. Where do you regularly shop for food?**

- Supermarket chain
- Online supermarket
- Local convenience store (magasin de proximité)

- Market
- Green grocers (magasin de fruits et légumes)
- Your garden
- Other

**\* 6. Who normally prepares or cooks the evening meal?**

- Mother / Female Head
- Father / Male Head
- Other Family Member in the House
- Paid helper
- Everyone cooks their own
- It varies

Other (please specify)

**\* 7. Where would you store the majority of general fruit and vegetables within the home?**

- In the fridge
- Kitchen/fruit bowl
- Cupboard/under the sink (évier)
- Garage/Outdoor storage
- Other

**\* 8. Rank the importance of keeping food in the fridge – 1 most important, 10 least important**

Meat/Fish  
Milk/Yogurt  
Cheese  
Butter  
Leftovers (restes)  
Sauces  
Fruit  
Jams/Jellies  
Bread

**\* 9. What fruit is bought in the largest volumes in your home:**

- Apples
- Bananas

- Clementines
- Grapes
- Melons
- Oranges
- Pears
- Strawberries
- Seasonal fruit (berries, plums, peaches)
- Exotic fruit (mango, pineapple, passion fruit)

**\* 10. What vegetables are bought in the largest volumes in your home:**

- Broccoli
- Cabbage
- Carrots
- Cauliflower
- Cucumber
- Lettuce
- Mushrooms
- Onions
- Peppers (poivrons et piments)
- Potatoes
- Other

**\* 11. What are the most wasted fresh fruit in your home:**

- Apples
- Bananas
- Clementines
- Grapes
- Melons
- Oranges
- Pears
- Strawberries
- Seasonal fruit (berries, plums, peaches)
- Exotic fruit (mango, pineapple, passion fruit)

**\* 12. What are the most wasted vegetables in your home:**

- Broccoli
- Cabbage
- Carrots
- Cauliflower
- Cucumber
- Lettuce
- Mushrooms
- Onions
- Peppers
- Potatoes
- Other

**\* 13. What other food products do you find are wasted in your home? (more than one answer allowed)**

- Butter and Cheese
- Milk
- Condiments (spreads, jams relishes, sauces)
- Fresh meat, fish and eggs
- Yogurts and dairy (laitage) desserts
- Soft drinks
- Staples (rice, pasta, noodles)
- Packaged chilled food/ready meals (plats préparés)
- Beer
- Wine
- Leftovers (restes)
- Bread/rolls
- Other

**\* 14. Are you aware that the majority of fruit and vegetables should be kept cool in order to extend shelf life?**

- Yes
- No

**\* 17. What is your most common reason for throwing out food?**

- Past food date
- Bought more than needed
- Mouldy (moisi)
- Off appearance or texture
- Smell off
- Didn't like it
- Needed space
- Prepared too much food
- Other

**\* 18. Do you research and follow the recommended storage information on packaged goods?**

- Yes
- No

**\* 19. What percentage of food did you throw in the bin by the end of the week?**

- 5%
- 10%
- 20%
- 30%
- 40%
- 50%
- 60%
- Over 70%

**\* 20. Do you regularly discard(jeter) leftover food after preparing a meal?**

- Yes
- No

**\* 21. Do you consider additional meals that can be made out of leftover food at your point of purchase (point de vente)?**

- Yes
- No

**\* 22. Do you avail (profiter de) of 2 for 1 offers on food products when food shopping?**

- Yes
- No

**\* 23. Do you often consume the 'free' product before the used by date?**

- Yes
- No

**\* 24. Do you feel that you often buy more than needed when food shopping?**

- Yes
- No

**\* 25. Thinking about food waste in your household, overall how much food would you say you throw away in general?**

- Quite a lot
- A reasonable amount
- Some
- A small amount
- Hardly any
- None

**\* 26. Thinking about when you throw food away, to what extent, if at all, does it bother you?**

- A great deal
- A fair amount
- A little
- Not very much
- Not at all

**\* 27. How much effort do you and others in the household go to in order to minimize the amount of food thrown away?**

- A great deal
- A fair amount
- A little
- Not very much
- Not at all

**\* 29. Do you know the value of the amount of food that is discarded annually in the average family home?**

- €100
- €400
- €1,000

**\* 30. If you notice that an item of food is coming close to its best before date do you:**

- Use it up as soon as possible
- Freeze it
- Prepare it and then freeze it
- Discard (jeter)it without bother if you don't get to consume it

**\* 31. What category of food do you tend to overbuy and end up throwing out? (You may select more than one)**

- Meat
- Fruit and Vegetables
- Dairy
- Convenience foods

**\* 33. When planning meals, do you ever think what could be made with the leftover food?**

- Yes
- No

**\* 34. When the food has been prepared and there is too much would you?**

- Throw it out
- Store in the fridge

